

1. Answer the questions.

a) Why does John feel excited?

b) What are the parts in a triathlon?

c) Why do the ironman triathletes get very tired?

.....

d) Who is the best Ironman Distance triathlete?

e) How many hours did he take to finish the Ironman Distance Triathlon in 2011?

.....

2. Complete the table.

SPORT	SWIMMING	CYCLING	RUNNING
Triathlon	a) km	b) km	c) km
Ironman Distance Triathlon	d) km	e) km	f) km