

1. Answer the questions.

a) Why do people get scared?

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b) What could be the benefit of fear?

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c) What is the name of our bodies' reaction against the fear?

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d) Write one thing that your body does when you are afraid.

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2. True or False.

a) We are all afraid of something in the life.

b) Fear is always harmful for us.

c) Fight or flight reaction is a reaction of our body.

d) Our body decides to stay or run away.