

1. Complete the table.

SPORT	How does it make you feel?
Rafting	a.
Bungee Jumping	b.
Rock climbing	c.

2. Complete the sentences with information from the text.

- a. is very good for your health.
- b. Rafting makes your arms very strong because
- c. , you must swim very well.
- d. Rock climbing also makes your arms , but it is , too.

3. Answer the questions.

- a. Why does rafting make you feel nervous?
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- b. What do bungee jumpers do?
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- c. Is rock climbing a fun sport?
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