1.	Read and	match the	two	parts.

a) To be healthy - with good healthy habits.

b) You should - you should wash your hands often.

c) You get less sick - brush your teeth.



a) You should wash your hands with only water.



b) You should brush your teeth four times a day.

c) Having a shower is a bad habit.



3. Read again and write one healthy habit you have.



