

**Circle the correct option.**

- |   |                                       |
|---|---------------------------------------|
| 1) Healthy food makes you...  | 2) You shouldn't drink ... every day. |
| a) sick    b) tired    c) strong  | a) milk    b) cola    c) water        |
| 3) What food gives you strong bones?                                    | 4) Which food is very salty?          |
| a) yogurt   b) bread    c) french fries                                 | a) fish    b) broccoli   c) chips     |
| 5) When Grandma is bored...   |                                       |
| a) she goes for a walk.    b) she eats a banana.    c) she takes a nap. |                                       |

**Match the two halves of the sentences.**

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|----------------------------|--|
| a) When you eat vegetables | 1) ..... the taste of broccoli.          |
| b) You need good food      | 2) ..... she goes for a walk.            |
| c) Kevin hates             | 3) ..... you feel better.                |
| d) When Grandma is bored   | 4) ..... give you vitamins and minerals. |
| e) Fruit and vegetables    | 5) ..... for strong bones.               |