

1. Read the text and write true (T) or false (F).

- a) Karate students need some weapons.
- b) A dojo is a place where students go to learn karate.
- c) Karate teaches students to listen to their sensei.
- d) For karate training students wear casual clothes with belts.
- e) The belts' colours change as students gain new skills.
- f) Students gain the new coloured belt just by learning new moves.
- g) Students choose their belts' colours as they like.
- h) The colours of the belts stand for a plant's growth.



2. Complete the sentences using the words in bold in the text. There is ONE extra.

- a) Biting your nails is not a good You should stop doing it!
- b) Sally has a calm and relaxed Whenever I talk to her, I feel relaxed, too.
- c) You have to be while waiting in the queue.
- d) In wars, soldiers use to defend their countries.