

1. Write T (TRUE) or F (FALSE) next to the statements below.

- a) People are not interested in alternative therapies because scientists still discuss the advantages and disadvantages of them.
- b) Aromatherapy can be used to reduce pain, stress and infections.
- c) According to the text, if a person's life force energy is low, s(he) may feel sick and stressed.
- d) In a Reiki session, the client must be physically close to the practitioner.

2. What does the underlined word 'it' in paragraph 2 refer to?

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3. Ask a family member or a friend about alternative therapies. What does s(he) think about it? Did s(he) try one of them? Did it work? Mention the name and write his/her idea and experience.

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