

1. Match the underlined words in the text with their meanings.

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|-----------------|---|
| a) survey | 1) not give enough attention to someone or something |
| b) neglect | 2) feeling nervous or worried |
| c) persist | 3) to have a bad effect on somebody or something |
| d) anxiety | 4) an investigation by asking groups of people their opinions |
| e) overwhelming | 5) to continue to do something |
| f) take a toll | 6) so strong and powerful that you cannot resist it |

2. Answer the questions. Give short answers.

- a) During which period of their lives do teens feel more stressed?

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- b) What are the biggest sources of stress for teens?

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- c) What kinds of stress do teens experience?

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- d) What diseases can chronic stress cause?

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- e) What do you think are some ways to overcome stress?

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