

1. There are five pronouns shown in bold in the text. Decide what they refer to.

- a) The 1st pronoun **“they”** refers to **listeners / scientists**.
- b) The 2nd pronoun **“it”** refers to **sad music / listener’s mood**.
- c) The 3rd pronoun **“they”** refers to **happier times and places / the listeners**.
- d) The 4th pronoun **“it”** refers to **nostalgia / mood**.
- e) The 5th pronoun **“they”** refers to **lyrics of a sad song / other people**.

2. Write T (true) or F (false) next to each statement.

- a) Sad songs make listeners feel nostalgic for days gone by.
- b) Listening to a sad song can make you happy on a bad day.
- c) A listener can never identify himself with the lyrics of a sad song.
- d) You can empathize with other people while listening to sad songs.
- e) Sad music definitely has a negative effect on your mood.

3. Answer and discuss the following questions.

- a) How do you feel when you listen to a sad song?

- b) Does listening to upbeat music make you happier?

- c) Which songs are there in your ‘My feel-good playlist’?

- d) In one word only, describe how your favourite song makes you feel. Why?

- e) No one actually enjoys being sad and miserable. So why do we love songs about sadness and misery?

