

1. Complete each sentence with the correct ending, A-J, in the box.

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|--------------------|----------------------|--------------------------|------------------------------|
| a) stop learning | d) self-confidence | g) defeat | j) a connection with a sport |
| b) bad habits | e) on autopilot | h) pick yourself back up | |
| c) life experience | f) drive and purpose | i) how to deal with loss | |

- a) Winning is the greatest way to build up your
- b) One of the pros of losing is that it can give you
- c) Losing shows how you respond when you face
- d) Constantly winning can make you go
- e) If you always win, you may eventually develop

2. "In sports, winning is not everything!" Do these people agree or disagree with this view? Write (✓) if they agree, or (X) if they disagree.

- a) *"Even if you do not win, you do your best. You should learn from your mistakes and make sure that you do not repeat them."*
– Irene
- b) *"If winning isn't everything, then why do we keep score? Winning isn't everything - it's the only thing!"*
– John
- c) *"All the mental and physical preparation is for one simple thing: Beating your opponent by scoring more points to win. That is the spirit of sports."*
– Lindsay
- d) *"Success is not final, failure is not fatal. The courage to move on makes a real winner."*
– Benjamin