

**1. Skim this text and choose the most suitable title.**

- a)** Pleasure instead of pain.
- b)** Why we shouldn't love our work.
- c)** Make the most of your potential.

**2. Read the text again. Match the questions to the paragraphs (1-3).**

- a)** How do you cope with terrible experiences? .....
- b)** How can you deal with disappointment? .....
- c)** How can you build inner strength? .....