

**1. Answer the questions from the reading text.**

a) What kind of beat will get you pumped up for a big football match?

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b) What can listening to upbeat music do?

.....

c) How can listening to sad music affect those who have suffered loss?

.....

d) Which kind of music should you listen to if you have had a frustrating day?

.....

e) What can listening to music paired with rhythm and pitch do?

.....

**2. Match the endings of sentences from the reading text with their correct beginnings.**

1. .... the only type of music that can be helpful, however.

2. .... you learned when you first began to memorise the alphabet.

3. .... a little bit of Mozart might make memorisation more manageable.

4. .... that spoke to us in specific circumstances.

5. .... to examine in greater depth the nature and extent of the effects music has on people.

a) To calm your nerves and help you concentrate,

b) We've all been moved by particular songs

c) Over the years, many studies have been conducted

d) Other studies have shown that upbeat music isn't

e) Try to say your ABCs without singing the tune