

1. Check the meaning of the words/phrases in the box. Then, try to match them with the highlighted words in the reading. Be careful of their idiomatic meaning in context and their parts of speech.

1. bitterness/anger

2. fear

3. basis

4. definitive

5. charity

6. pressured

7. drained/exhausted

8. convincing

9. non-scientific

2. Answer the questions about the reading text.

a) What should you do if you want to have happiness for a lifetime?

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b) What do experiments show?

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c) Why should passion be our foundation for giving?

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d) How can we give the gift of time?

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e) Why does “reactive” giving sometimes lead to resentment?

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