

1. Choose the correct contextual meaning for the highlighted words found in the reading text.

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| a) Incident | 1. illogical |
| b) Phobias | 2. the teenage years (13-19) |
| c) Irrational | 3. disease spreading microbial animals/bacteria |
| d) Anticipation | 4. powerful illogical fears of something |
| e) Adolescence | 5. the expectation of something happening |
| f) Germs | 6. occurrence/something bad that happens |



2. Circle the correct answer to the questions.

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|---|---------------------------|--------------------------|--------------------------|------------------------------------|
| a) What are most people able to control? | a. their phobias | b. their thoughts | c. their fear | d. their bodies |
| b) What can phobias do? | a. disrupt daily exercise | b. limit time efficiency | c. reduce self-awareness | d. place a strain on relationships |
| c) When is it unusual for phobias to begin? | a. old age | b. childhood | c. adolescence | d. early adulthood |
| d) How fast is the onset of phobias? | a. usually slow | b. incremental | c. sudden | d. gradual |
| e) Which of these is not a common phobia? | a. the fear of heights | b. the fear of statues | c. the fear of flying | d. the fear of insects |