

1. Read and match the words from the article with their definitions.

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| a) craving | 1. give something such as a blow, shock, or warning to someone or something |
| b) deliver | 2. happening immediately |
| c) fraction | 3. what you will do if everything else fails |
| d) instantaneous | 4. an extremely strong desire for something |
| e) last resort | 5. make something continue |
| f) maintain | 6. a very small amount of something |

2. Give short answers to the questions below.

- a) What is Ms Irish's typical New Year resolution?
- b) What is Pavlok?
- c) How long did it take Ms Irish to break her habit after starting to use Pavlok?
- d) How do you feel if you set the device to 450 volts?
- e) Why did Bud Hennekes need to use Pavlok?
- f) Why did the creator of Pavlok hire a person before he invented Pavlok?
- g) What does the writer think about the device Pavlok?
- h) What is the general opinion of people about Pavlok according to the article?