

1 Write a title for each paragraph.

a) _____ b) _____ c) _____

2 Complete the sentences according to the text.

a) Japanese people only use seasonal products while making Woshoku because _____
_____.

b) Ingredients used in cooking Woshoku are _____.

c) Woshoku has the ideal nutritional balance because _____.

d) Some Japanese people prefer fast food these days as _____.

e) To protect Woshoku _____.