

1. Complete the sentences with information from the text.

- a. In Strongman, you have to use and physical strength.
- b. can train for Strongman.
- c. If you train for Strongman, you can get in a short time.
- d. People do Strongman because they love the

2. Write if the statement is true (T) or false (F). If it is false, correct it.

- a. ☐ Strongman is only for one type of athlete.
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- b. ☐ The events in Strongman have different weights.
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- c. ☐ You don't need equipment to train for Strongman.
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- d. ☐ If you like to test your limits, Strongman will be good for you.
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