

## 2. Fill in the gaps with the words in the box.

aid	expose	inclined	lead to	maintain	reduce
-----	--------	----------	---------	----------	--------

- a) Parents should ..... their children to classical music at a very young age.
- b) Small businesses will need to ..... costs in order to survive.
- c) A degree in English could ..... a career in journalism.
- d) He walked painfully, with the ..... of a stick.
- e) She was ..... to decline his offer.
- f) Our main wish is to help ..... world peace.

## 3. Complete the sentences according to the passage.

- a) Eating healthy food and exercising are .....
- b) Vitamin D is good for .....
- c) People who spend inactive time indoors .....
- d) ..... leads to stress reduction.



## 4. Answer the questions.

- a) What is the main idea of the passage?  
.....
- b) What is one of the ways of producing vitamin D?  
.....
- c) What happens if you are exposed to the sun for too long?  
.....
- d) What are two reasons why people become overweight?  
.....
- e) What is the relationship between being outdoors and being sociable?  
.....