1. Read the text and write the positive and negative effects of coffee in the chart.

a) Positive effects	b) Negative effects

- 2. Read the text again. Write T (True) or F (False).
 - a) Coffee has more positive effects than negative.
 - b) Drinking coffee in the evening is healthier than drinking in the morning.
 - c) Coffee causes headaches.
 - d) Adding sugar to coffee makes it healthier.
 - e) You can drink coffee for a little extra energy.

