

1. Answer the following questions.

a) According to the text, what are the most important things in our life?

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b) What happened to the happy group when they received the flu virus?

.....

c) How can we release our happiness hormones?

.....

2. Complete the sentences according to the text.

a) The ones who had the flu from the happy group seemed

b) When we eat a delicious food or exercise rigorously

c) Dopamine is released

3. What do the underlined words in the text refer to?

a) They

b) It