

1. Which of the sentences is true according to the first paragraph?

- a) Telepressure is feeling a pressure to watch television constantly.
- b) Telepressure is one reason why people spend too much time working.
- c) Many people do not feel valuable, so they work more.
- d) Checking e-mails is the only thing some people do in their jobs.

2. Answer the following questions according to the text.

- a) What happens when people work more than fifty hours a week?

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- b) What does Pencavel suggest doing after 56 hours of working?

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- c) Which country has the most productive workers according to the OECD?

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- d) What is the positive effects of not working on the weekends?

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