

1. Write a title for the article.

2. Put the headings in the correct blanks in the text.

a) ..... Laughter is good for your health.

b) ..... The health benefits of humour and laughter

c) ..... Why is laughter the sweetest medicine for the mind and body?

3. What do these underlined words in the text refer to?

1. it:

3. others:

5. this priceless medicine:

2. we:

4. those:

4. Match these underlined words in the text with the definitions.

..... 1. boost

a) to spread something

..... 2. diffuse

b) to live longer than somebody

..... 3. resentment

c) a feeling of anger or unhappiness about something that you think is unfair

..... 4. outlive

d) to deal successfully with a difficulty

..... 5. surmount

e) to increase something