Read the passage quickly and write the letter of the phrases below that have been taken out of the text. Write the letters on the lines.

- a) you are bullied over social media or
- b) and spend more time focusing on those things instead of the negative things
- c) you cannot carry on with your life
- d) some time for homework and classwork
- e) decide if these are true friends or not

Read the passage again and answer the questions.

a) What should you do if someone at school bullies you?

b) In your opinion, what is a true friend like?

- c) How can you use your time correctly?
- d) What is the benefit of having a positive attitude?

e) What are the examples of activities you can join according to the reading passage?