1.	Read the text quickly and answer the question below.
a)	Who has a healthy diet?
	Read the text again and answer the questions below. What time does Sheila come back home?
b)	What does she usually eat?
c)	Does she always brush her teeth?
d)	Who likes playing tennis?
e)	What time does Sheila go to bed?
f)	What food does Mark like eating?
g)	Does he eat any vegetables?
h)	Does he walk or take the bus to school?
i)	What does he do after school?
	Why does he go to bed late?
	Discuss in pairs. Who has a better life?