

1. Read the article. Are these statements True (T), False (F) or is the information Not Mentioned (NM)?

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| a) Food companies don't use chemical additives in their products any more. | T / F / NM |
| b) Small amounts of some chemicals aren't bad for your body. | T / F / NM |
| c) Large amounts of canthaxanthin can be dangerous to your eyes. | T / F / NM |
| d) High-fructose corn syrup makes your food colourful. | T / F / NM |
| e) Artificial colours were made about 100 years ago. | T / F / NM |

2. Match the underlined words in the text with the definitions.

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| a) consume | | 1. to take food, drug, etc. into your body by eating it |
| b) ingest | | 2. not natural |
| c) harmful | | 3. any type of drink, but not water |
| d) beverage | | 4. causing damage to your body |
| e) artificial | | 5. to eat or drink something |