

1. Circle the correct choice.

1. What kind of food does Lara NOT seem to like?

- A) sweet B) greasy C) salty D) healthy

2. What part of Lara's breakfast does she think is healthy?

- A) cereal B) juice C) chocolate milk D) toast

3. What is wrong with Lara's lunch?

- A) It's too salty.
B) It's too expensive.
C) It's just more fats and sweets.
D) It wasn't enough to eat.

4. How are Lara's eating habits affecting her school life?

- A) She sleeps in class.
B) She is sometimes tired, hyper, or out of breath.
C) She has some problems concentrating.
D) She is fine at school.

5. Which of these is NOT a change the doctor has Lara make in her lifestyle?

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|------------------|-----------------|
| A) More sugar | C) More sleep |
| B) More exercise | D) More veggies |

2. Match the definitions with the bold words in the text.

a) strange and unusual:

b) covered with or full of fat or oil:

c) extremely unpleasant:

d) too excited and energetic: