

1. Read the text and answer the questions.

a. What seems to be the problem when we compare ready-meals from supermarkets and TV chefs' recipes?

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b. What do chefs feel responsible for (paragraphs 2 and 3)?

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c. But *can* chefs really guarantee that we, the consumers, follow a healthy diet? What can they (or cannot) do?

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d. Hugh has written two books recently. What is his main goal?

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