

1. Read the text and complete the paragraphs with the correct sentences. There is an extra sentence.

- a) However, this is not necessary
- b) Notifications or ring tones will not disturb you.
- c) Moreover, you will definitely have more freedom
- d) Why don't you use these moments to exercise your brain?
- e) Smartphones don't always save our lives

2. Read the text again and match the underlined words with the correct definition.

- a) too painful or unpleasant for you to continue.
- b) to be disturbed.
- c) doesn't contain anything.
- d) quick to notice and react to things around you.
- e) to talk and do things with other people.
- f) to communicate or continue to communicate with someone by telephoning, or writing to them.

