1.	Re	ead the text and put the sentences in the correct place.
	a)	We miss out on the bigger picture
	b)	We ignore our health
	c)	We do not have a plan
	d)	We play it too safe
	e)	We don't go after our dreams
	f)	We do not spend enough time with family
	g)	We say things we do not really mean
2.	Re	ad the text answer the questions below.
	a)	What makes us sincere and stronger?
	b)	What does 'the big picture' mean?
	c)	Why /How do we ignore our health?
	d)	What do you think is your biggest mistake?
3.	Ma	atch the words from the text in bold to the correct definition.
		to damage something so badly that it does not exist or cannot be used
	-	to do something in order to find out if it works or if you like it
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c) use the energy that you need to do something