

1. Match the words to their definitions.

likely

habit

disorder

encourage

a) to give someone the courage or confidence to do something

.....

b) a mental or physical illness

.....

c) something that will probably happen or is probably true

.....

d) something that you do regularly or usually, often without thinking about it
because you have done it so many times before

.....

2. Answer the questions. Give short answers.

a) What kind of foods do children who watch a lot of TV prefer?

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b) According to the text what sort of health problems can watching too much TV cause?

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c) What should parents do to minimize the bad effects of watching TV?

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d) How can parents encourage healthier eating habits?

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