

1. Choose the correct option.

a) The word 'commonly' in paragraph 2 is closest in meaning to:

- a) rarely b) usually c) always d) never

b) The word "they" in paragraph 2 refers to:

- a) pills b) many people c) vitamins d) healthy foods

c) The word 'revenue' in paragraph 3 is closest in meaning to:

- a) benefits b) decreases c) profits d) production

d) According to the article, what did the World Health Organization tell people who take extra vitamins?

- a) taking too much vitamin E might cause cancer
b) taking too much vitamin C makes you very sick
c) taking too much vitamin A might cause birth defects
d) taking too much vitamin E might cause birth defects

e) The word 'cautioned' in paragraph 4 is closest in meaning to:

- a) believed b) debated c) assumed d) warned

f) According to the article, what should people who buy vitamins do to avoid having problems with vitamins?

- a) ask a friend b) go on a diet c) do some research d) take more vitamins

g) The word 'they' in paragraph 5 refers to:

- a) nutritionists b) consumers c) vitamins d) vitamin purchasers

2. Answer the question.

a) What do nutritionists suggest about vitamins?
