

**1. Write T (true) or F (false) next to the statement. If it is false, write the correct statement.**

- a) People should eat as much as possible to keep fit and healthy. ....
- b) Your diet has no effect on your mind. ....
- c) People should work out to keep fit and healthy. ....
- d) Adults laugh 400 times a day in average. ....
- e) Babies laugh 17 times a day in average. ....
- f) The core of long life is love .....

**2. What do the following words refer to in the text?**

a) their (par.1): .....

b) them (par.4): .....