

1. The four people below are looking for a course to do. Read the text, and decide which of the courses above would be the most suitable for each person and why. Explain your reasons.

- Jill works in an office and would like to get more exercise. Work takes up a lot of her time, so she doesn't have much spare time during the week. She'd like to do something and be able to take her two young daughters along.
- Hiro loves team sports and is looking for a new hobby. He likes learning new skills and has plenty of time, although he doesn't have much money to spend. He isn't able to travel far.
- Crystal is interested in sports, but being on a wheelchair means that she isn't able to take part in some activities. She works part time, so she is free in the evenings but not at the weekend.
- Mahesh is looking for a sport that he can do whenever he has a little free time. He works near a park, and he would like to be able to get some exercise there during his lunch break.

a) Jill should take

b) Hiro should take

c) Crystal should take

d) Mahesh should take