1. Read the text and fill in the chart below. You may not need to fill in all the boxes.

| PERSON | SPORT | TIME | EQUIPMENT |
|----------------------|-------------------|--------------|-----------|
| Alexander Cartwright | | | х |
| | American football | | Х |
| Х | | 15th century | |
| X | ice skating | | |

2. Answer the following questions.

a) What did the early history of sports involve?

b) When were formal sports first introduced?

c) Think about your favourite sport and write an interesting fact about it.

You should do some research before you write the answer.