

## 1. Read the text. Answer the questions.

a) According to the text, why are teenagers doing less exercise in their free time?

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b) Why is it important to exercise?

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c) How many hours a week do some people in the UK use the internet?

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d) What does Chinese government plan to do?

.....

e) According to the text, what are the two problems that computers can cause?

.....

f) What are the benefits of the internet that are mentioned in the text?

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## 2. Match the underlined words from the text with their definitions.

a) stopping or limiting someone or something .....

b) unable to stop doing something .....

c) communicating with other people .....

d) carefully .....

e) worried .....

f) keeping yourself away from other people .....