1. Read the text. Choose the best answer.

- a) According to the text, how do video games prevent young people from being active?
 - A) By letting them pretend.
 - B) By keeping them in front of a screen.
 - C) By taking up time that should be spent on reading.
- b) A person who believes that video games are bad for people's health may also agree that ...
 - A) making friends is easier if you play video games.
 - B) making friends is harder if you are inside all day.
 - C) many people actually don't need friends to be happy.
- c) Which of these is the word 'unwind' closest to in meaning?
 - A) enjoy
 - B) entertain
 - C) relax

2. Read the text again. Answer the questions.

a) How does the text suggest that both reading and video games can improve the mind?

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b) What are the three points that suggest that video games are not bad for people's health?

