

1. Read the text. Are the sentences TRUE or FALSE?

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| a. Teenagers need to sleep more hours than the adults. | TRUE / FALSE |
| b. Fortunately, many teenagers sleep up to 8-9 hours. | TRUE / FALSE |
| c. Some parents tell their children to sleep late at night and wake up early. | TRUE / FALSE |
| d. When teenagers don't sleep well, it effects their success at school. | TRUE / FALSE |
| e. Not sleeping enough can cause depression. | TRUE / FALSE |