

1. Answer the following questions. Give short answers.

a) Name two problems that drinking less water than you need may cause.

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b) How much water a child should drink a day according to The United States National Agriculture Library?

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c) What is the advantage of having a freezer-safe water bottle?

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d) What does 'she' in line 10 refer to?

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2. Choose the best option a, b, c or d.

1. The main aim of the text is to

a) warn the reader about sugar-sweetened beverages.

b) emphasize the importance of drinking water for children.

c) give information about the American Journal of Public Health.

d) entertain the reader.

2. Which of the following is not true according to the text?

a) It is a good idea to drink water when you are eating out.

b) Keep a bottle of water with you when you are leaving home.

c) Drinking sugar-sweetened beverages is not as healthy as drinking water.

d) Drinking cold water is unhealthy.