

**1. Answer the questions. Give short answers.**

a) What were you feeling when you first started reading the article?

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b) When do we start sensing our emotions?

.....

c) How do infants show their emotions?

.....

d) What is "emotional awareness"?

.....

**2. Complete the sentences with two-three words.**

a) ..... don't have the ability to define their feelings.

b) You need ..... to become more aware of your emotions.