

1. Match the words with the correct meaning.

1. muscles

a) message

2. signal

b) detailed, complicated

3. complex

c) chemicals in the human body

4. neurons

d) a tissue which produces movement in the body

5. hormones

e) tiny nerve cells in the brain

2. Answer the questions. Write short answers.

1. What does the brain do when you are sleeping?

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2. Which cells send messages from the brain?

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3. How do neurons send signals?

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4. Why does exercise make you smarter?

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5. What does practising something do to the brain?

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6. How much energy do neurons generate?

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